

Perfect for Sweet and Savoury

JUS-ROLTM DUTCH CRÊPES

A unique Dutch treat

Easy to Prepare - fully cooked and ready to serve in under a minute

Versatile - choose any sweet or sayoury toppings to create your meal

Convenient – can be served hot or cold

High Quality – easy to separate each crêpe, no cracks, no tears, no waste

Great tasting menu item that saves you time and labour

THE PERFECT BASE FOR ANY MEAL CREATION!



Cérélia Bakery Head Office: 6925 Invader Crescent. Mississauga ON, L5T 2B7, Canada

NA Toll Free Tel.: 1-800-CK-DOUGH (1-800-253-6844) or through www.cerelia.com





PREPARATION METHODS & PRODUCT INFO

NUTRITION INFORMATION

Nutrition Facts Valeur nutritive

Per 2 pancakes (100 g)
pour 2 Crêpes (100 g)
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Calories 280 % Daily Value* % valeur quotidienne*		
Fat / Lipides 14 g	19 %	
Saturated / saturés 7 g + Trans / trans 0 g	35 %	
Carbohydrate / Glucides 31 g		
Fibre / Fibres 2 g	7 %	
Sugars / Sucres 9 g	9 %	
Protein / Protéines 6 g		
Cholesterol / Cholestérol 35 mg		
Sodium 350 mg	15 %	
Potassium 175 mg	4 %	
Calcium 175 mg	13 %	
Iron / Fer 1.5 mg	8 %	
*5% or less is a little , 15% or more is a lot *5% ou moins c'est peu , 15% ou plus c'est beaucoup		

Ingredients: Water, Wheat flour, Palm oil, Liquid whole egg, Milk ingredients, Sugars (sugar), Coconut oil, Baking soda, Monocalcium phosphate, Salt.

Contains: Wheat, Eggs, Milk.

HEATING INSTRUCTIONS



MICROWAVE (100W)

Frozen:

- 1. Remove the crêpes from the packaging and place them onto a microwaveable plate.
- 2. Heat 1 crêpe for 50 seconds or 4 crêpes for 2 minutes and 30 seconds.*

Chilled (after thawing):

- **1.** Remove the crêpes from the packaging and place them onto a microwaveable plate.
- 2. Heat 1 crêpe for 25 seconds or 4 crêpes for 1 minute.*

DO NOT RE-HEAT.

*HEAT TIMES VARY ON WATTAGE.

STORAGE INFORMATION KEEP FROZEN

Shelf life:

12 months at -18°C / 0°F or below.

Do not refreeze after thawing. Once thawed, keep refrigerated at max. 7°C / 44°F and consume within 24 hours.

Keep the Putch Crêpes warm

=**Cérélia**= Founded on trust, inspired by food

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